

**HELP WANTED**

Part-time General Kitchen Worker.  
 9:00AM to 1:30PM  
 Apply at  
<https://www.tesd.net/Page/210>

**Conestoga High School Lunch Menu**

October to December  
 2021

**Meal Prices**

Second Lunch: \$ 3.75  
 Adult Lunch: \$ 5.00

**FOOD COURT STATIONS AVAILABLE DAILY**

Cheeseburger, Chicken Patty,  
 Vegetarian Burgers, Baked  
 French Fries



Ham, Turkey, Roast Beef, Tuna  
 & Chicken Salad, Spicy Ham,  
 Salami, 3 Cheeses and Bread and  
 Kaiser Rolls (Whole Wheat Multi



Assorted Salad Platters



Cheese Pizza Plus one  
 Daily Specialty Pie



**The Express**

Premade Deli Sandwiches



Assorted Pasta Bowls



**8oz 1% White Milk, Non-fat White Milk and Non-fat Chocolate Milk included with all Meals**

**Fresh Apple Slices, Canned Fruit and 4oz 100% Apple and Grape Juice Available Daily**

October					DAILY ENTRÉE		DAILY SIDES							
M	T	W	TH	F	M	T	W	TH	F					
4	5	6	7	8	M Chicken Tenders with Dipping Sauce	T Soft Beef Taco	W Bacon Cheese Burger on a Bun	Th Chicken Fajita w/Pepper Jack Cheese	F Bosco Pizza Dippers	Mashed Potatoes, Baby Carrots	Lettuce, Tomato, Salsa, Corn	Baked Beans, Tossed Salad	Roasted Peppers & Onions, Baby Carrots w/Dip	Marinara Sauce, Tossed Salad
11	12	13	14	15	M Breaded Chicken Chunks w/dip	T Chicken Alfredo & Broccoli	W Pepper Jack Cheese Burger	Th Roasted Chicken	F Bosco Pizza Dippers	French Fries, Broccoli w/dip	Dinner Roll, Tossed Salad, Cuc Slc's w/Dip	Salsa, Steamed Corn	Mashed Potatoes, Tossed Salad	Green Beans, Tossed Salad
25	26	27	28	29	M Cheesesteak w/ Fried Onions & Peppers	T Pulled Pork with Peppers & Onions on Stk Roll	W Pizza Burger w/Sauce and Mozzarella Cheese	Th General Tso's Chicken over Rice	F Bosco Pizza Dippers	Coleslaw, Cuc Slices	Potato Salad, Baby Carrots	French Fries, Broccoli w/Dip	Oriental Vegetables, Baby Carrots	Marinara Sauce, Tossed Salad
25	26	27	28	29	M Stuffed Shells w/Spaghetti Sauce	T Roasted BBQ Chicken, Dinner Roll	W Cheddar Burger w or wo Sautéed Onions on Bun	Th Chicken Caccatore over Rice	F Bosco Pizza Dippers	Steamed Green Beans, Cuc Slices	Potato Salad, Baby Carrots	French Fries, Broccoli w/Dip	Steamed Broccoli, Baby Carrots	Marinara Sauce, Tossed Salad
November														
M	T	W	TH	F										
1	2	3	4	5										
8	9	10	11	12										
15	16	17	18	19										
22	23	24	25	26										
December														
M	T	W	TH	F										
29	30	1	2	3										
6	7	8	9	10										
13	14	15	16	17										
20	21	22	23	24										

**IMPORTANT:**

Please manage your child's cafeteria account by registering at [www.schoolcafe.com](http://www.schoolcafe.com) for our on-line cafeteria services. View your child's account balance, statement & receive low balance emails!

Once registered please enable the email notification for each child. Deposits made on-line will incur a \$2.25 fee. All other services are FREE! You may still pay by cash or check. Checks should be made payable to "TESD Caf. Fund."